



# BEACH REPLENISHMENT: HOLY GROUND THEN & NOW

*Salty Air Retreat*



Presented by  
Sister Patricia Mengel, IHM

**Thursday,  
November 9, 2023** | **8:00 am - 3:30 pm** | **\$60 per person**

Villa Maria by the Sea Retreat Center  
101 111th Street, Stone Harbor, NJ 08247  
Register at [www.VMbytheSea.com](http://www.VMbytheSea.com) or call 609-964-7700

**Villa Maria by the Sea Retreat Center  
Salty Air Retreat  
"Beach Replenishment: Holy Ground Then & Now"  
Thursday, November 9, 2023 - Schedule**

**8:00 a.m. – Mass in Villa Maria by the Sea Chapel**

**8:45 a.m. – Coffee and Check-in**

**9:30 a.m. – Welcome and Gathering**

**9:50 a.m. – Introduction / Morning Prayer**

**10:10 a.m. – 11:00 a.m. – Session I - What erodes our faith and wears away at our "coastline?"**

**11:00 a.m. – 11:45 a.m. – Private Space/Grace . . . Wonder & Wander**

**11:45 a.m. – Lunch**

**12:45 p.m. – 1:45 p.m. – Session II - What facets of faith AND nature assist us in rebuilding our "dunes" and places of security?**

**2:00 p.m. – 2:30 p.m. – Private Space/Grace . . . Wonder & Wander**

**2:45 p.m. – 3:30 p.m. – Gathering the Fragments & Closing Ritual**



Sister Pat Mengel, IHM, ministers in the areas of higher education, pastoral counseling, and spiritual direction. She resides in West Chester, Pennsylvania. It has been her delight to facilitate the Salty Air Retreat Days here at the Harbor since 2016.