



Silent Retreat

Friday, December 15 at 4:00 p.m. to
Sunday, December 17 at 1:30 p.m.

What will I do on a retreat? Which is right for me?

Private: Take the time for silence and immerse yourself in prayerful dialogue with God. Spend time in chapel, take walks in a beautiful setting, read scripture, and simply have a conversation with God. Most importantly, take the time to listen for God's voice within you!

Directed: All of the above, plus meet daily with a trained spiritual director who can help you plan your prayer time and discern how God is speaking with you! Limited to 10 participants.

\$200 Private
\$240 Directed

Meals included



Villa Maria by the Sea Retreat Center

101 111th Street, Stone Harbor, NJ 08247

Register at www.VMbytheSea.com or call 609-964-7700

Villa Maria by the Sea Retreat Center

Silent Retreat

Friday Evening – December 15

4:00 p.m. Arrival

5:00 p.m. Dinner

6:30 p.m. Welcome & opening prayer service in Chapel, followed by a meeting with directors.

Saturday, December 16

Individual meetings with directors as scheduled.

7:00 a.m. Continental Breakfast available until 10:30 a.m.

8:00 a.m. Mass in Villa Maria by the Sea Chapel (VMBTS)

12:00 p.m. Silent Lunch

4:00 p.m. Mass (Sunday Liturgy) in VMBTS Chapel

5:00 p.m. Silent Dinner

Sunday, December 17

Individual meetings with directors as scheduled.

7:00 a.m. Continental Breakfast available until 10:30 a.m.

12:00 p.m. Lunch & Sharing

1:00 p.m. Wrap up Meeting – Sharing of Graces



Sr. Ruth Bolarte, IHM



Sr. Barbara Cook, IHM

Sister Ruth Bolarte, IHM, is a native of Peru. She graduated with a doctorate in ministry from the School of Theology and Religious Studies from The Catholic University of America in Washington, D.C. She completed her certification as Spiritual Director at Cranleith Spiritual Center. An area of focus in her work has been the impact of cultural identities in our spiritual journey. Her ministry among various ethnic groups has offered her opportunities to be enriched with diverse religious practices. She is, also, adjunct professor in the Department of Theology and Religious Studies at Villanova University. She enjoys the ocean, puzzles, and mystery movies.

Sister Barbara Cook, IHM, is a graduate of Immaculata and Villanova Universities. Sister Barbara is a lifelong educator who has enjoyed sharing her love of literature and composition with students of all ages. She has also taught classes in adult faith formation, served on RCIA teams, and guided members of the medical professions in theological reflection groups. After completing a master's degree from Neumann University in Pastoral Care and Counseling with a concentration in Spiritual Direction, Sister spent eight years as the Director of the IHM Spirituality Center. During this time, she designed and led retreats, conducted small prayer groups, and ministered as a spiritual director to individuals desiring to deepen their intimacy with God. Currently, Sister serves as a Professional Writing Assistant in Immaculata University's Writing Center.